



PARKLAND REGIONAL HEALTH AUTHORITY

Student Practicum Information

The **Parkland Regional Health Authority (PRHA)** is situated in West Central Manitoba. The Region has spectacular natural beauty! Along the western borders of the Region lie three upland areas that form part of the Manitoba escarpment. To the south, Riding Mountain National Park is well known for its bears, herds of elk and a display herd of bison. To the north, Duck and Porcupine Mountains have fairly large concentrations of moose. Provincial Parks at Manipogo, on Lake Manitoba, and Rainbow Beach on the southern edge of Dauphin Lake as well as recreational lakes within Riding Mountain, Duck Mountains and the Porcupine Mountain forest bring our environment close to everyone in the Region. There are also local parks in virtually every municipality.

Most municipal parks are recreation oriented, with playgrounds, swimming pools and arenas. Parkland boasts the only indoor wave pool in the province. Larger communities offer camping facilities with varying services available. Seven well-groomed golf courses are situated throughout the Region. Public parks and natural areas help maintain our health and well being. Green spaces provide opportunities for people to engage in recreational and contemplative activities.



The Parkland Region has spectacular natural beauty; a great place to live and work!

The practicum experience: What can I expect?

The Parkland Regional Health Authority (PRHA) is an accredited Regional Health Authority responsible for the maintenance and development of a fully-integrated health care delivery system. The PRHA offers a complete range of health services and programs. These health services are provided through Hospitals, Personal Care Homes and Community Health Offices throughout the Region.

(For a quick look at some key programs and services, check out page 4.)

The PRHA has a wealth of experience in hosting students for clinical placements or on-the-job-work experiences. The organization is fortunate to have very experienced and knowledgeable staff that embrace the need and value to act as preceptors or mentors for students from several notable teaching institutions.

A positive practicum experience is what awaits you within facilities, sites and programs of the PRHA. We hope your experience within this professional environment eventually brings you back to Parkland, where you can have the opportunity to enjoy a long and satisfying career in rural Manitoba.



Health Services in Parkland

Acute Care facilities

- Dauphin Regional Health Centre
- Swan Valley Hospital
- Roblin and District Health Centre
- Ste. Rose General Hospital
- Grandview District Hospital
- McCreary/Alonsa Health Centre
- Winnipegosis General Hospital

Long term care facilities

- | | |
|-----------------------|-------------------------------|
| ● Dauphin PCH | ● Gilbert Plains PCH |
| ● St. Paul's Home | ● Winnipegosis |
| ● Swan Valley Lodge | ● McCreary |
| ● Swan Valley PCH | ● Benito |
| ● Crocus Court-Roblin | ● Grandview PCH |
| | ● Dr. Gendreau PCH- Ste. Rose |

Primary Health Care Centres

- | | |
|---------------|-------------|
| ● Benito | ● Ethelbert |
| ● Camperville | ● Waterhen |

Community Health Services Offices

- | | |
|--------------------|---------------------|
| ● Alonsa | ● McCreary |
| ● Bacon Ridge | ● Pelican Rapids |
| ● Crane River | * Roblin |
| * Dauphin | * Ste. Rose |
| ● Duck Bay | * Swan River |
| ● Gilbert Plains | ● Winnipegosis |
| ● Grandview | |
| * District Offices | ● Satellite Offices |



How do I get to Parkland?

The Parkland Region is located in west-central Manitoba. It's central location makes it easily accessible to natural attractions like Riding Mountain National Park (about a 10 minute drive from Dauphin) and the Duck Mountain Provincial Park (about a 20 minute drive from Roblin).

The Parkland's major centres are easily accessible by vehicle or bus. Flights to and from larger provincial centres like Brandon and Winnipeg are available from two air services based in Dauphin and Swan River.

Where will I stay?

One of the advantages of undertaking your student placement in rural Manitoba is that there are cost-effective options available regarding accommodations.

The PRHA recognizes that sufficient accommodations are a very important part of a positive practicum experience.



The PRHA will utilize its experience from past student practicums to try to come up with the very best accommodation option for individual students.

For more information on accommodations which coincide with your student placement, please contact the PRHA Staff Education Coordinator at (204) 629-3307.

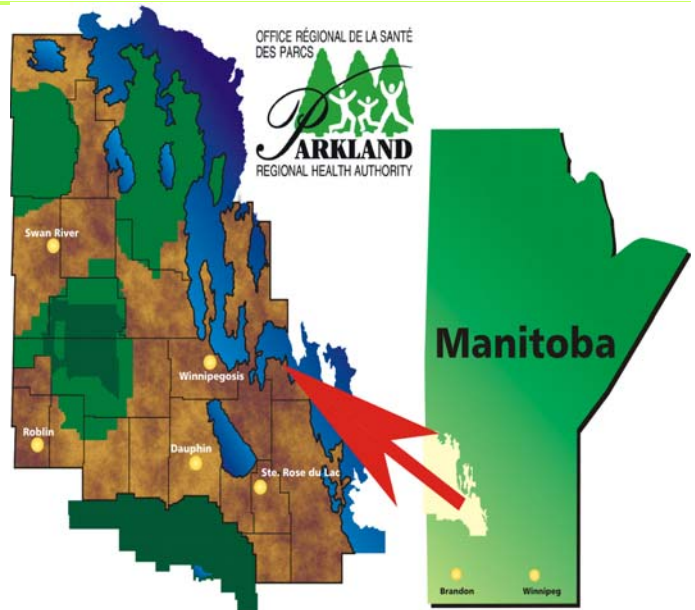
How do I qualify for the PRHA Student Bursary Program?

The Parkland Regional Health Authority may provide a **bursary** of \$2000 per academic year to students who are pursuing a career in a difficult to recruit to professional position.

The provision of a bursary shall be conditional upon a **Return of Service Agreement**, based on one-year return of service for every \$2000 bursary awarded.

To be eligible you must be a student enrolled in:

- The 3rd year of a 4 or 5-year baccalaureate degree program from an accredited university;



Approximate Distance from major centres

Dauphin to Winnipeg-	330 km
Dauphin to Brandon-	185 km
Roblin to Dauphin-	96 km
Ste. Rose to Dauphin-	50 km
Roblin to Yorkton, Sask.-	85 km
Swan River to Dauphin-	172 km

Accessibility

By air: Twice daily flights Monday through Friday to Brandon/ Winnipeg via *Perimeter Airlines and Keystone Air Service*
Daily flights from Swan River to Dauphin via *Keystone Air Service*

By bus: Greyhound and Grey Goose Bus Lines.

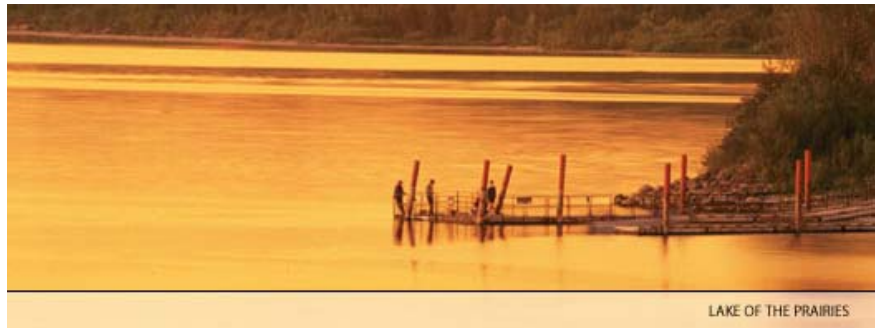
- The 2nd year of a diploma program from an accredited post-secondary school;
- A Licensed Practical Nurse program and completed the first ½ of the program.

Students interested in working with PRHA and receiving a \$2000 bursary, will submit a completed application, with transcripts, to the PRHA Human Resources Department.

Your application will be reviewed and if approved you will be asked to sign a *Memorandum of Agreement* outlining the *Return of Service Agreement*.

PRHA QUICK FACTS

- Comprehensive **primary health care** is provided with focus on access to community-based services and enhancing the health of the population.
- The Parkland Regional Health Authority has **7 hospitals** and **11 personal care homes**.
- Acute care facilities are located in **Dauphin, Grandview, McCreary, Roblin, Ste. Rose, Swan River and Winnipegosis**.
- A 10-bed, acute care psychiatric facility is located at **Dauphin Regional Health Centre**.
- **Computed Tomography (CT)** services are performed in Dauphin. **Ultrasound** service is provided in Dauphin, with visiting services in Roblin, Ste. Rose and Swan River.
- **Major surgical services** are provided in Dauphin. **Minor surgical** procedures are done in Swan River.
- **Obstetrical services** are provided in Dauphin and Swan River.
- Dauphin and Swan River have **chemotherapy programs**.
- **Hemodialysis** is offered in Dauphin.
- There are **two Manitoba Telehealth** sites in Dauphin and Swan River.
- Affiliated with the University of Manitoba's **Parkland Family Medicine Residency Unit**.
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LAKE OF THE PRAIRIES

Consider the Rural Advantage...

- Close-knit, safe communities;
- Great place to raise a family or meet new friends;
- Easy to get around;
- Lower cost of living (houses, rent);
- Central locations with quick access to major centres;
- Plenty of recreational activities year-round;
- Cultural events and attractions;



A 5-minute bike ride or short walk to work!

Only in Parkland....

- Manitoba's only **indoor wave pool** is located at the Parkland Recreational Complex in Dauphin;
- Badly Mountain, the **highest point** in Manitoba, is located in Duck Mountain Provincial Park;
- Riding Mountain National Park (**Manitoba's first National Park**) is a short distance away;
- The Asessippi Ski Park is located halfway between Roblin and Russell and offers the best skiing and snowboarding on the prairies;
- Kettle Stones Provincial Park (northeast of Swan River) is the only place in Manitoba where **kettle stones** can be observed in their original setting. Kettle stones are sand formations which range in size from 18 inches to 18 feet.

(Check out www.parklandtourism.com for more exciting events and attractions or for links to individual communities!

