



NEWS RELEASE

For immediate release on:

December 21, 2009

H1N1/Seasonal Flu Shot campaign enters next phase

The Parkland Regional Health Authority (PRHA) has begun shifting focus to appointment-based clinics for H1N1 and Seasonal Flu shots over the next few weeks. Flu Clinics will now be held in Community Health Offices around the Region every Wednesday, beginning *Wednesday, December 23rd*, until further notice.

Please call your public health office to book an appointment.

Dauphin Community Health Office-	638-2118
Ste. Rose Community Health Office-	447-4080
Roblin Community Health Office-	937-2151
Swan River Community Health Office-	734-6603

(Residents of outlying communities are asked to contact their local community health office to inquire about booking an appointment.)

The **H1N1 Flu Shot** is available to all Manitobans who need, want or who will benefit from the vaccine.

Seasonal Flu Shots are also available to those who fall into the eligibility criteria. *(Information about the seasonal flu shot criteria is regularly advertised and listed on our website.)*

Other important information to consider:

- Through December 18th, a total of **13,309 people** have been immunized for H1N1. This represents about 32 per cent of our Region's population.
- For a complete listing of flu shot clinic information, call the PRHA Toll-Free Information Line at **1-877-279-7855**.
- If you have general questions about the H1N1 Flu Shot, or Seasonal Flu Shot, please contact Health Links/Info Santé at **1-888-315-9257**.