

# MEDIA BULLETIN

*For immediate release on:*

*January 28, 2010*

## **H1N1/Seasonal Flu Shots still available**

The Parkland Regional Health Authority (PRHA) is reminding residents that there are still options available to you if you haven't received your H1N1 or Seasonal Flu shots yet.

The PRHA will be holding two public clinics next week in the communities of Swan River and Dauphin at the Friendship Centres.

The clinics, that are open to everyone, will be held:

<b>Tuesday, February 2<sup>nd</sup></b>	Swan River Friendship Centre 1 p.m.- 3 p.m.
<b>Tuesday, February 9<sup>th</sup></b>	Dauphin Friendship Centre 1 p.m.- 3 p.m.

Residents can also call their local public health office to book an appointment to receive their flu shots.

### **Reminder**

The **H1N1 Flu Shot** is available to all Manitobans who need, want or who will benefit from the vaccine.

**Seasonal Flu Shots** are also available to those who fall into the eligibility criteria. (*Information about the seasonal flu shot criteria is regularly advertised and listed on our website.*)

### **Other important information to consider:**

- Through January 28th a total of **13,895 people** have been immunized for H1N1. This represents about 38 per cent of our Region's population.
- For a complete listing of flu shot clinics and clinic information, call the PRHA Toll-Free Information Line at **1-877-279-7855**.
- If you have general questions about the H1N1 Flu Shot, or Seasonal Flu Shot, please contact Health Links/Info Sante at **1-888-315-9257**.