

## Dial-a-Dietitian

Do you have a nutrition question and don't know who to ask? Would you like to see a registered dietitian in your community for nutrition counselling, but don't know where to go?

Call Manitoba's Dial-a-Dietitian hotline to find out where you can see a registered dietitian in the region, and get answers to your food and nutrition questions!

 **Dial-a-Dietitian**

**1-877-830-2892**  
**Call 788-8248 in Winnipeg**

**Free nutrition  
information  
for everyone**

**Eating well can be a daily  
challenge and you may  
have questions.**

**Call to speak to a Registered  
Dietitian right here in Manitoba  
and get answers about  
food and nutrition.**



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Financial contribution from

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